

NIC Cell

F. No. A. 60015/3/2015-Admn  
Government of India  
Ministry of Water Resources, RD & GR  
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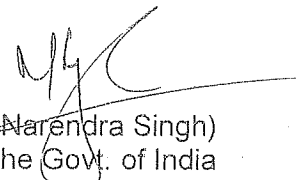
Shram Shakti Bhawan, Rafi Marg  
New Delhi, dated 29 May, 2015

OFFICE MEMORANDUM

Subject: International Day of Yoga, 21<sup>st</sup> June, 2015- Participation of officials Under Secretary & above

The undersigned is to refer to Cabinet Secretary's D.O. letter No. 271/2/1/2015-CA-V dated 22<sup>nd</sup> May, 2015 (copy enclosed) and Ministry of AYUSH's D.O. letter No. S.11012/13/2015-IEC(AYUSH) dated 25<sup>th</sup> May, 2015 and to request all the officers of the level of Under Secretary and above to get some hands on training on simple Yogasans and participate in the celebrations of International Yoga Day on 21<sup>st</sup> June, 2015 by participating in the mass Yoga demonstration to be organized at Rajpath between Rafi Marg crossing and C.Hexagon crossing including side lawns on 21<sup>st</sup> June, 2015 from 7.00 A.M. to 7.35 A.M by Ministry of AYUSH.

Encl: As above (2)

  
(Narendra Singh)  
Under Secretary to the Govt. of India  
Tel.No. 23738126  
Email: usadmn-mowr@nic.in

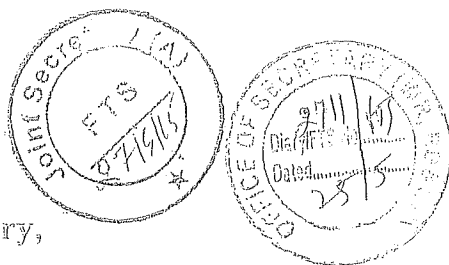
To,

1. All Wing Heads/Divisional Heads in the Ministry of Water Resources, RD & GR.
2. NIC Cell for uploading on intranet.

अजित सेठ  
AJIT SETH



संयुक्त विचार  
WITH VISION  
CABINET SECRETARY  
GOVERNMENT OF INDIA



D.O. No. 271/2/1/2015-CA-V

Dated: 29<sup>th</sup> May, 2015

Dear Secretary,

As you are aware, the United Nations has declared 21<sup>st</sup> June as the International Day of Yoga. The Ministry of AYUSH being the nodal Ministry (for domestic celebration) has decided to celebrate this event in a befitting manner in association with other Ministries/ Departments and Yoga institutions throughout the country. As part of the celebrations, a mass Yoga demonstration will be organized at Rajpath between Raft Marg crossing and C. Hexagon crossing including side lawns on 21<sup>st</sup> June, 2015 from 07.00 a.m. to 07.35 a.m. About 35,000 participants are expected to perform the Yoga asanas. Hon'ble Prime Minister has been invited to lead the event. The Secretary, Ministry of AYUSH has already sent a D.O. letter dated 13<sup>th</sup> May 2015 enclosing therewith booklets and DVDs so that officers of your Ministry of the rank of Under Secretary and above participate in the event and to get some hands on training on these simple Asanas. The Ministry of AYUSH has applied for record of this historic occasion in the Guinness Book of World Records in the category of the largest Yoga class/ demonstration at a single venue, and if some officials turn up without practice and their performance is not upto the mark, we will run risk of the record claim being affected.

I would, therefore, request you to ensure that the officer of your Ministry of the rank of Under Secretary and above to get some hands on training on these Asanas using the instructional booklets and DVDs and to participate in the event. Invitation Cards and other material would be sent to you separately by the Ministry of AYUSH

With regards,

Yours sincerely,

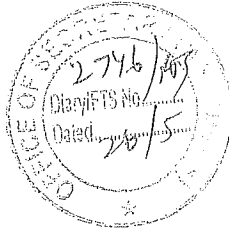
(AJIT SETH)

Shri Anuj Kumar Bishnoi  
Secretary,  
Ministry of Water Resources, River Development and  
Ganga Rejuvenation  
New Delhi



सत्यमेव जयते

नीलजान सान्याल  
NILANJAN SANYAL



सचिव  
'आयुष' विभाग  
आयुर्वेद, योग व प्राकृतिक चिकित्सा  
मुनारी, सिड्डा एवं होम्योपैथी (आयुष) मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स  
आई एन.ए., नई दिल्ली-110023

SECRETARY  
GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY  
UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)  
AYUSH BHAWAN, 'B' BLOCK, GPO COMPLEX  
INA, NEW DELHI-110023  
Tel : 011-24651950 Tele/fax : 011-24651937  
e-mail : secy-ayush@nic.in

D.O. No.S.11012/13/2015-IEC (AYUSH)  
25<sup>th</sup> May, 2015

Dear Secretary,

Kindly refer to my D.O. of even number dated 13<sup>th</sup> May, 2015 and Cabinet Secretary's D.O. letter no.271/2/2015-CA-V dated 22<sup>nd</sup> May, 2015 regarding the mass Yoga demonstration/ class at Rajpath between Rafi Marg and C. Hexagon crossings including side lawns on 21<sup>st</sup> June, 2015 from 07.00 a.m. to 07.35 a.m. as part of celebration of the International Day of Yoga.

2. We have already sent instructional DVDs and booklets of Common Yoga Protocol / Asanas to be performed during this mass Yoga demonstration/ class to your Ministry / Deptt.

3. As the Ministry has applied for record of this historic event in the Guinness World Records in the category of largest Yoga class at a single venue, it is expected that the officials who turn up for this mass performance, have some hands on training on these easy Yoga Asanas. Grih Kalyan Kendras under Deptt of Personnel & Training, Ministry of Personnel, Public Grievances and Pensions have already started imparting training in these Asanas. In addition, we have also started training modules for these Asanas at Morarji Desai National Institute of Yoga (MDNIY), 68, Ashoka Road, New Delhi 110001 on common Yoga protocols at Institute's premises from 1<sup>st</sup> June to 19<sup>th</sup> June, 2015 from Monday to Friday as follows :

1 <sup>st</sup> Batch	-	06.00 a.m. to 07.00 a.m.
2 <sup>nd</sup> Batch	-	07.00 a.m. to 08.00 a.m.
3 <sup>rd</sup> Batch	-	06.00 p.m. to 07.00 p.m.
4 <sup>th</sup> Batch	-	07.00 p.m. to 08.00 p.m.

On week-ends from 30<sup>th</sup> May, 2015 i.e. on Saturdays and Sundays (30<sup>th</sup>, 31<sup>st</sup> May, 6<sup>th</sup>, 7<sup>th</sup>, 13<sup>th</sup> & 14<sup>th</sup> June, 2015) :-


1 <sup>st</sup> Batch	-	06.00 a.m. to 07.00 a.m.
2 <sup>nd</sup> Batch	-	07.00 a.m. to 08.00 a.m.
3 <sup>rd</sup> Batch	-	08.00 a.m. to 09.00 a.m.

Contid.....2

4. I would be grateful if you could kindly ensure that officers of the rank of Under Secretary and above from your Ministry / Deptt get some hands on training on these Asanas using the instructional booklets, DVDs and the scheduled training and participate in the event with necessary practice. Invitation cards, etc. would be sent separately.

*With regards,*

Yours sincerely,

  
(N. Sanyal)

To,

All Secretaries of Ministries/Departments,  
Government of India